

St. Mary Our Lady of the Seven Sorrows Roman Catholic Church

56 Duke Street West, Kitchener ON N2H 3W7

Under the Administration of The Congregation of the Resurrection
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Welcome to St. Mary's Parish!

No matter who you are or where you're from, we extend you a warm welcome and hope that you feel at home. For information on registration and to find out how you can get more involved with parish activities, please contact us at:

Phone: 519-576-3860

Email: stmarys@rogers.com

Website: www.stmarysrchurch.ca

Our Parish Team

Fr. Toby Collins, C.R. – Pastor
Fr. Joseph de Viveiros, C.R. – Assisting Priest
Penny Laurette – Administrative Assistant
Robert Tasse – Music Director
Tony D'Amato Stortz – Outreach Coordinator
Amy Cyr – Chef, Kitchen Project Manager
Andrew Olinski – Caretaker

Parish Office Hours

Monday to Thursday: 8:30 am - 4:30 pm
Friday: 8:30 am - 1:00 pm

Parish Outreach

Are you interested in getting involved? Do you have ideas about how we might better serve our neighbours? If so, please contact Tony at tonys.stmarys@gmail.com.

St. Vincent de Paul

For assistance with groceries and other needs call 226-988-5915 weekdays, from 10:00 am to 12:00 noon. For information on volunteering, please email Don McClure at don@teambilton.com.

Sunday Masses

Saturday: 5:00 pm
Sunday: 8:30 am and 11:00 am

Weekday Masses

Tuesday – Friday: 12:00 noon

Sacrament of Reconciliation

Thursdays: 11:30 – 11:50 am
Saturday: 4:00 – 4:30 pm
and by appointment

Eucharistic Adoration

Thursday after Mass until 1:00 pm

Baptism and Marriage

Please email the parish office for details.

Visits to the Sick

Please contact the parish office to arrange for Holy Communion and Sacrament of the Sick.

Tiny Home Takeout

Everyone deserves a great meal, free of charge. Visit us Tuesday – Saturday from 5 – 6:30 pm and 'grab a bite, give if you can'! Visit tinyhometakeout.com for more information.



SOLEMNITY OF CHRIST THE KING

MASS INTENTIONS November 23 - 28, 2021



Tuesday – ferial

Daniel 2.3, 9a, 10a, 27a, 31-45++ Luke 21.5-11
12:00 pm †Brigitta Stalmach

Wednesday – St. Andrew Dũng-Lac

Daniel 5.1-6, 13-14, 16-17, 23-28 Luke 21.12-19
12:00 pm †Joaninha Farias

Thursday – ferial

Daniel 6.11-28 Luke 21.20-28
11:30 am Confession until 11:50 am
12:00 pm †John Heffner
12:30 pm Eucharistic Adoration until 1:00 pm

Friday – ferial

Daniel 7.1-14++ Luke 21.29-33
12:00 pm †Paul Kessler

Saturday – ferial

4:00 pm Confession until 4:30 pm

FIRST SUNDAY OF ADVENT

Jeremiah 33.14-16 1 Thessalonians 3.12-4.2
Luke 21.25-28, 34-36

5:00 pm †Emilio Clara, †Rita Tonin, ††Helga & Mate Sertic

Sunday

8:30 am For Our Parishioners
11:00 am †Ludevico Nahial
4:00 pm Taize Style Prayer

OFFERTORY – November 13/14, 2021

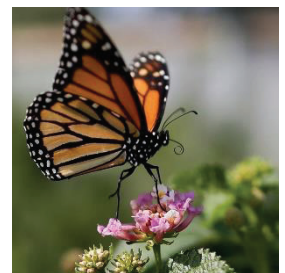
Sunday Envelopes & Loose	\$2,047.50
Christmas Flower Fund	\$15.00
Building Fund	\$10.00
Furnace Fund	\$320.00

Thank you to all our Parishioners, Visitors and Benefactors for your generous support!

FROM SORROW TO JOY!

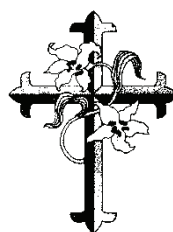
A little girl found the chrysalis of a butterfly and put it into a jar. One day a small opening appeared. She sat and watched the butterfly for several hours as it struggled to force its body through that little hole. Then it seemed to stop making any progress. It appeared as if it had gotten as far as it could and could go no further. So the girl decided to help the butterfly. She took a pair of scissors and snipped off the remaining bit of the chrysalis. The butterfly then emerged easily and flopped to the bottom of the jar. But it had a swollen body and small shriveled wings. The girl continued to watch the butterfly because she expected that, at any moment, the wings would enlarge and expand to be able to support the enlarged body. Neither happened! In fact, the butterfly crawled around the jar with a swollen body and shriveled wings before it soon died. It never was able to fly.

What the little girl in her kindness and haste did not understand was that the restricting chrysalis and the struggle required for the butterfly to get through the tiny opening were nature's way of forcing fluid from the body of the butterfly into its wings so that it would be ready for flight once it achieved its freedom from the chrysalis. Sometimes sorrows struggles are exactly what we need in our life before we can come to freedom and joy. If we were allowed to go through our life without any sorrow or obstacles, it would cripple us. We would not be as strong as we could have been. And we would never know the joy of flying.



Written by: Fr. Joseph de Viveiros, C.R.

NOVEMBER REMEMBRANCE



During the month of November we pray for the souls of our beloved dead. Everyone is invited to inscribe the names of their loved ones on a sheet of paper and place it in our Book of Remembrance. The book is located at the front of the Church, in front of the

Blessed Virgin Altar.

YOUR SUNDAY CHUCKLE!



A boy asked the mall Santa for an electric train set. "If you get your train," Santa said, "your dad is going to want to play with it too. Is that all right?" The boy became very quiet so, Santa asked, "What else would you like Santa to bring you?" The boy promptly replied, "Another train."

SUNDAY MISSALS

The 2022 liturgical year Missals are now available. They can be purchased for \$5 at the back of the church and through the parish office. **Lectors:** please be sure to pick up your complimentary copy to enable you to prepare your readings in advance.



We encourage everyone who regularly shares in the Mass at St. Mary's to become a registered parishioner. Registration

Forms may be picked up at all doors of the church and by [visiting our website](#). Once completed, the form can be dropped in the collection basket, mailed, or emailed. A minimum of 6 months as a registered parishioner is required when you or members of your family wish to prepare to receive the sacraments at St. Mary's. In order to keep records up-to-date, we ask you to notify the office when there is a change of address or telephone. All information supplied remains confidential and is for the sole use of St. Mary's.

IN OUR AREA



The Catholic Community Foundation of Waterloo Region invites you to join in on a virtual event - *Fundamentals for a*

Bright Future: Building Resilient Families on **Tuesday, November 30th from 7 – 8 pm.** This family-focused event will explore and define current mental and physical health challenges for people in all stages in life. Space is limited, please register today at <https://www.ccfowr.org/speaker-series>

RESTART: SEPARATION & DIVORCE RECOVERY

Feeling the need for support, healing and/or hope after a separation or divorce? The Diocesan ReStart Programs support your journey, providing you with tools to remain healthy. While the program has not been able to run due to COVID restrictions, we will be offering an evening session by zoom on Tuesday, December 14th: Coping with Christmas When Divorced or Separated. To register for this event or see dates for future courses, please check the program information online at <https://hamiltondiocese.com/offices/family-ministry/divorce-separation.php>. For more information contact Teresa at the Family Ministry Office – 905-528-7988, ext. 2250.

HAMILTON DIOCESE SPEAKER SERIES

On March 19th we entered into the Amoris Laetitia Year of Family. Pope Francis, in calling this special year, reminded us that this is "a great opportunity for Catholics to renew their commitment to family ministry." **Beginning in January of 2022**, the Diocese will be organizing a speaker series with a new topic each month through until June. The presentations will be by zoom to allow for more involvement throughout the Diocese and to avoid any issues that COVID may cause for in person gatherings. We will start with a three part series on Amoris Laetitia in January. Check the Diocesan website for more information about both the year and the Diocesan Speaker Series at www.hamiltondiocese.com.

PARENTING TIP OF THE MONTH

Our children are healthier and happier when their emotional, physical, intellectual and social needs are looked after. Add to this list one more essential need that requires care - a child's spiritual well-being. A relationship with God is as essential to their welfare as water. The month of November is the month we pray for and remember those who have already died. This is a wonderful month to pray for the deceased and help your children understand that God is always with us and when we seek his help to live as we are called, we too can share in eternity. So, pray together, attend Mass as a family, share readings from the Bible, talk about the awe of God's creation and remind your children that God is always present. His love will guide them and be a source of comfort as they grow.



Dr. Ivan Tucakov
FAMILY DENTISTRY

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